

**You have  
two  
choices**

**Jerry is the manager of a restaurant. He is always in a good mood.**

**When someone would ask  
him how he was doing, he  
would always reply:**

**"If I were any better, I  
would be twins!"**

Many of the waiters at his restaurant quit their jobs when he changed jobs, so they could follow him around from restaurant to restaurant

**Why?**

**Because**

**Jerry was a natural motivator.**

**If an employee was having a bad day, Jerry was always there, telling him how to look on the positive side of the situation.**

Seeing this style really made me curious, so one day I went up to Jerry and asked him:

"I don't get it! No one can be a positive person all of the time. How do you do it?"

**Jerry replied, "Each morning I wake up and say to myself, I have two choices today. I can choose to be in a good mood or I can choose to be in a bad mood."**



I always choose to be in a good mood. Each time something bad happens, I can choose to be victim or I can choose to learn from it. I always choose to learn from it.

Every time someone comes to me complaining, I can choose to accept their complaining or I can point out the positive side of life. I always choose the positive side of life."

**"But it's not always that  
easy," I protested.**

**"Yes it is,"  
Jerry said.**

**"Life is all about choices.  
When you cut away all the  
junk every situation is a  
choice.**

**You choose how you react to situations.**

**You choose how people will affect your mood.**

**You choose to be in a good mood or bad mood.**

**It's your choice how you live your life."**

Several years later,  
I heard that Jerry  
accidentally did something  
you are never supposed to  
do in the restaurant  
business.

He left the back door of his  
restaurant open

**And then in the morning, he  
was robbed by three armed  
men.**

**While Jerry trying to open  
the safe box,**

**his hand, shaking from  
nervousness, slipped off the  
combination.**

**The robbers panicked and shot  
him.**



**Luckily, Jerry was found  
quickly and rushed to  
the hospital.**

**After 18 hours of surgery and weeks of intensive care, Jerry was released from the hospital with fragments of the bullets still in his body....**

**I saw Jerry about six months after the accident.**

**When I asked him how he was, he replied, "If I were any better, I'd be twins. Want to see my scars?"**

**I declined to see his wounds, but did ask him what had gone through his mind as the robbery took place.**

**"The first thing that went through my mind was that I should have locked the back door,"  
Jerry replied.**

**"Then, after they shot me, as  
I lay on the floor, I  
remembered that I had two  
choices: I could choose to  
live or could choose to die.  
I chose to live."**

**Jerry continued, "The paramedics were great. They kept telling me I was going to be fine.**

**But when they wheeled me into  
the Emergency Room and I  
saw the expression on the  
faces of the doctors and  
nurses, I got really scared.**

**In their eyes, I read  
'He's a dead man'.**



**I knew I needed to take action."**

**"What did you do?" I asked.**

**"Well, there was a big nurse shouting questions at me," said Jerry. "She asked if I was allergic to anything."**

**'Yes,' to bullets, I  
replied.**

**Over their laughter, I told them: “I am choosing to live. Please operate on me **as if I am alive, not dead.**”**

**"Jerry lived thanks to the skill of his doctors, but also because of his amazing attitude.**

**I learned from him that every day  
you have the choice to either  
enjoy your life or to hate it.**

**The only thing that is truly  
yours - that no one can  
control or take from you –  
is your attitude,  
so if you can take care of  
that, everything else in life  
becomes much easier.**

**Now you have two choices to  
make:**

**1. You can delete this  
message or**

**2. You can forward it to  
someone you care about.**

**I hope you will choose #2.**

**I did.**